

Indoor
Cycling
Commissaires
Meeting

10. Dezember

2012

Seminar
Report

Agenda

1. Welcome
2. How was 2011 ? – Feedback from Participants
3. New exercises 2012

Peter Vandenberg welcomes all participants. The english language will be used during the seminar regarding the fact that several Asian Participants join the meeting.

It is a fact that from side of the commissaires not many questions were sent regarding judging problems etc. Peter did stimulate the participants to sent more questions in advance of the seminar which can be prepared in time.

2. How was 2011 ?

Hongkong: ACT4 team is in training. A lot of participants at the Hongkong Open.

Malaysia: for this moment no competitions ! Commissaires travel to Hongkong because of keeping judging experience and education.

Spain: Despite support of the national federation for this moment only very little development regarding Indoorcycling

News end Updates can be found on www.kunstradreglement.com.

3. New exercises (as sent by UCI: doc. Dated 23-02-2012; Anne-Laure Favre: valid from 01-01-2012)

Devaluations at the new exercises

The new exercises are about all extentions based on already existing exercises. For ex. the L-shapes with Handstand. There is no judging difference between the already existing Swiss version towards the new German Handstand. The devaluations are the same; so no difference fort he Commissaires. Legs not stretched while going from L-shape to Handstand means 100% devaluation. Touching the handlebar shortly means a devaluation of an x or ~; Stand (support) on handlebar could be even a devaluation of 100%.

Several:

Question regarding the start of exercises with „going in“ ACT4. When start of exercise ?

At the moment all riders are riding free handed ? 2 metres before the gripp-connection ?

At the 4 metres circle ?

The exercis starts at the moment that all requirements are fulfilled as stated in the Rules. So as described within the UCI rules at page 16§8.4.

Raiser stand on pin

Touching the saddle or using the saddle as support is according the rules not forbidden.

Final exercises

See the rules on page 19, and page 60-62.

Final exercises

Stretch jump in front of the bicycle. As already discussed during the 2010 seminar this exercise is executed very often in the wrong way. Riders jump very often just from the handlebar instead of jumping in the obligated upwards direction. Described within the rules at page 61 and 19.

Presentation at the start of the programme

Devaluations before the call START; presentation/standing on floor/ fall. Please see also the remarks which are made in the seminar reports from 2007. The presentation has to be executed standing on the competition surface. The time period because of the presentation starts at entering the competition area and ends with the call START. Mistakes which occur within this time period have to be written in the first line of the evaluation sheet,.

50 cm spinnings

These have to be executed by all riders at the same moment over the required distance (page 17 and 29 of the rules). For ex.; at the case when rider 1 is already spinning within the required 50 cm, and rider 2 has not started the spinnings within the 50 cm. In this case rider 1 must stay spinning until rider 2 is spinning within the required 50 cm and has performed also the obligated 3 spinnings (so performing together the required 3 spinnings).

Next Commissaires seminar

Planned for 8/9 december 2012