

Indoor  
Cycling  
Comissaires  
Meeting  
Frankfurt

07. Dezember

2008

Request BDR (13-10-2008) regarding UCI 2008 Regulations Indoorcycling.  
Remarks from UCI Indoorcommission

## 1

### Raiser passages

In the new 2008 Indoor regulations there is a clear remark regarding *"During a passage it is not allowed to stay (show) in an other position which is a known exercise"*. This was a **clear** decision.

To allow  $\frac{1}{4}$  crankturn in such a position (in between) would decrease the value of this rule.

Certain for some passages it is more difficult to judge (like passage fronthang to standraiser reverse or raiser handlebar seat to standraiser). We think that such a passage can be judged in a proper way if the *one, smooth movement* is recognized, from the begin to end of the passage.

To choose for the distance of 2 metre (positions in between) instead of a 1 crankturn was also a clear decision; not all bicycles have the same size (sprockets have not always the same size).

2 metres is a fixed distance; where missing 10 cm **not immediately** means devaluation!!

A devaluation for *"wipping on the pedals"* during the movement is then also not necessary.

### Saddle Handlebarstand /Stand on Saddle (2357c,d)

To add the text ***horizontally. Will be changed in the next update of the regulations; but already valid from 1-1-2009 !!***

### 4.14 Stands and shoulderseats on one bicycle

All the pin-, saddle handlebar-, saddle-, shoulderstands and shoulderseats must be performed with horizontally, sideways, stretched arms (except ring-grip), without support from the partner and in an upright position.

At the exercise „Saddle handlebarstand / Saddle handlebarstand“, sideways stretched arms is no obligation. During this exercise it is allowed to touch or hold the partner.

*At the exercise „Saddle handlebarstand / Saddlestand“, it is allowed for the rider who's performing the „Saddle handlebarstand“ to stretch the arm/hand directed to the partner between 0 tot 110 degrees, measured from the body, to avoid touching the partner (not allowed).*

At the exercise „Raiser regular seat / Stand on pins“, sideways stretched arms is no obligation for the position „Stand on pins“. It is allowed to touch or hold the partner who is in the raiser-position.

### Begin start of Half 8

Also this item was a clear decision during the development of the new rules. It was purpose to fix the start/begin of this exercise. The exercise ***starts at the lenght or width axle of the riding-area***

If the required body position is not performed on the the required point the exercise did not start (devaluation 100%). If we would change this rule the rules would change also for a lot of other exercises. It is one of the basic-rules of the regulations.

### Starting counter 8 and counter circle.

Here the rules/remarks regarding the start/begin as item 3.

To allow a start without the obligated start which is currently in the rules would change automatically a lot for other exercises. The described touch of the hands belongs to these exercises !

After a long discussion regarding the request to add some markings at the riding area to perform a better judging regarding the halve 8's etc., was decided to allow (no obligation !) some additional markings as mentioned below.

Peter Vandeberg  
16-02-2009

Like the markings at the 4 metre circle it is also allowed to use 10 cm markings (4) at the outside of the 8 metre circle and 10 cm markings (4) at the inside of the boardermarking (exactly in the middle of each boarderline).

### **Generall items**

**2**

#### **Start of exercises**

When at exercises with an obligation for inside motions the complete inside motion is not performed he whole exercise will be devaluated with 100% because of the fact that the exercise did not start.

### **Generall items**

**3**

#### **Correction of devaluations**

If commissaires can explain the decision towards the chief commissaires it is possible that a jury group will give a devaluation of 100% and the other jury group(s) will give *no* devaluation. In this case correction is not an obligation.

### **Act4/Act6**

**4**

#### **Inside stars / outside stars**

If not all gripconnections are performed the exercise will de devaluated with 100%

If all gripconnections are performed, but the star does not stand still, there will be a devaluation of 10%.

### **Act4/Act6**

**5**

#### **Turns at a spot (like report dec. 2007)**

Devaluation if a rider does not stand still: - 10%

For example at an exercise with 1 turn:

Less than a halve turn, without gripconnection at the end: - 100%

A halve turn is performed, with gripconnection at the end, standing still at the end: - 50%

1 Turn is performed, no gripconnection at the end: - 50%

1 Turn is performed, with gripconnection at the end, but not standing still at the end: - 10%

### **Generall**

**6**

#### **UCI uniform**

Is only allowed to wear the UCI uniform at official nomination (nominated by UCI; and the continental championships).

### **Generall**

**7**

#### **Riders presentation at the start of the riders program**

If the rider(s) do not present themselves at the start of the riders program - standing on the ridingarea – all exercises of the program will receive a devaluation of - 100% !

(as explanation of Chapter 1 section 8.2)

## Generall

8

Devaluation performance; "line" and "circle"

Line (1 point) and circles (2 points) will be devaluated as often as they appear.

But if a mistake is punished with a "line" but the mistake evaluates to a mistake which should be punished with a "circle", only the circle will be written on the evaluation sheet.

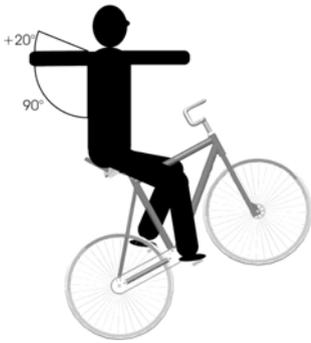
When the rider continues the program after this incident and falls again (for example after 2 metres) there will follow devaluations.

## Act4/Act6

9

Chapter 3 Item 17 will be changed from 1-1-2009 like mentioned below

### 17. Freehanded (frh.)



If in the context of exercises is mentioned „freehanded“ (frh.) the total stretch of the exercises is to be executed freehanded. During the entire exercise it is not allowed to have hand-contact with the bicycles or partners. Possible deviations are described in the explanations in the tables of exercises.

Not by grip connection connected arms/hands (excepted at doors, **door rings** and surroundings) are to be stretched, horizontally, sideways. During all freehanded motions (also between exercises) the arms are to be stretched also, horizontally, sideways.

At freehanded positions the arms must have the position as presented at the drawing; an angle of 90° bis 110° towards the body.

Also the text at exercise 4307a & 4307b:

“The other arms of these riders are stretched sideways, horizontally.” will be scrapped.

## Generall

10

Worldrecords/Rules for UCI Worldranking competitions (artistic cycling)

The attached form regarding announcement/application towards the UCI of Worldrecords has to be used from today.

The second attached matrix gives the explanation of rules because of Worldrecords regarding the composition of the commissaires panel and the rules regarding UCI Worldranking competitions

### Generall (additional item; not discussed at Seminar)

11

Position of arms/hands

Rules at exercises where arms/hands position is not described.

There are clear rules in the regulation regarding this item. Please study the items at page 30 (item 4.1 for single and pair) and page 35 (item 15 for Act4 & Act6).

So it is permitted to chose for the position of "Hands and handlebar", "1Handed" or "Freehanded" when there is no obligation for "freehanded" in the text.

Peter Vandeberg

16-02-2009